### **Membership Application**

Please complete and send to our office. Title: \_\_\_\_\_ Name: \_\_\_\_\_\_

Address:

_	
State:	Postcode:
Ph / Mobile:	
Email:	
Signature:	

#### Making Payment:

Cheque	Money Order
Direct Debit	🗌 Visa
Mastercard	
Total Amount \$	

Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_ / \_\_\_ CVV \_\_\_\_

Card Holder's Signature: \_\_\_\_\_

To pay via direct debit please email our office admin@bpdfoundation.org.au

\*Corporate members, please include:

ABN: \_\_\_\_\_

Business Address:

State: \_\_\_\_\_ Postcode: \_\_\_\_\_

#### Yes No

I aive consent for the Australian BPD Foundation Ltd to use the above email address for the purpose of receiving Information. the Foundation's newsletter and for it to be forwarded to the Foundation's Branch in my state

## Contact information

Australian BPD Foundation Ltd. PO Box 942. Bayswater VIC 3153

 $\mathcal{C}\mathcal{I}$ Telephone: 0458 469 274

admin@bpdfoundation.org.au

www.bpdfoundation.org.au

#OzBPD

/AustralianBPDFoundation

@ozbpd

#### The vision of the Foundation

is that people with BPD are acknowledged as having a mental illness that requires access to appropriate treatment and support for themselves and their families/carers.

#### The mission of the Foundation

is to promote a positive culture to support the recovery journey of people with BPD and their families/carers. The Foundation also supports clinicians, health care personnel and researchers working in this field and acknowledges everyone who works towards a better recognition of BPD.



# Support Promote Advocate FOR Borderline Personality Disorder

### What is Borderline Personality Disorder (BPD)?

Symptoms of this illness include emotional distress, self-harm, including suicide ideation and suicide attempts, abandonment and rejection issues and difficulty relating to others and the world around them. This can be very upsetting for the person and for people close to them.

Borderline Personality Disorder (BPD) is a complex mental illness that is often misunderstood. People with this disorder are frequently discriminated against, stigmatised and misdiagnosed.

Currently between 1% - 4% of Australians (between 240,000 - 960,000 people) are affected by BPD at some stage in their lives. Usually symptoms first appear between mid teens and early adulthood.

The causes of BPD are not fully understood, but are likely to involve biological, social and/or environmental factors. For some people these factors may relate to childhood experiences of trauma or neglect.

#### People with BPD can recover!

With early diagnosis, proper treatment and support, the prognosis for people with BPD is positive. Most people with BPD can and will achieve symptom remission.

#### More information: www.bpdfoundation.org.au

### Why an Australian BPD Foundation?

The Australian BPD Foundation Ltd was launched in 2013 by a concerned group of consumers, families/carers and clinicians.

The Foundation aims to support and promote services which:

- Provide high quality, accessible, timely, responsive and appropriate services, treatment and care for people with BPD and their families/carers.
- Provide high quality and accessible education and support for families/ carers of people with BPD
- Provide high quality appropriate education for clinicians and frontline workers providing treatment and care for people with BPD and their carers/families
- Promote a positive culture for those with BPD
- Advocate for accessible and appropriate services provided by highly skilled professionals offering choices within an environment of hope and optimism
- Improve the well-being of people with BPD and their families/carers and clinicians and others in the community who assist them.
- Provide high quality scientific research about all aspects of BPD.

### **Join the Foundation**

- Membership is open to everyone with an interest in the welfare of people affected by Borderline Personality Disorder: consumers, families, carers, clinicians, community members, organisations and corporations.
- Consumer and carer participation and representation is integral to all Foundation activities.
- In joining the Foundation, you are giving strength to the voices of everyone impacted by Borderline Personality Disorder

### Your support by joining the Foundation will make a difference.

Please select your appropriate membership category and <u>fill in your details on the back page.</u> Form may be emailed or posted. Alternatively sign up online at: www.bpdfoundation.org.au/membership.php

Total Payment: \$		
(Donations of \$2 or over are tax deductible)		
Donation	\$	
Organisation/Business	\$100	
Individual (membership valid until you opt-out)	FREE	